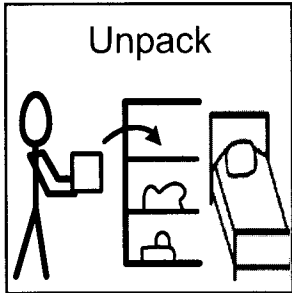
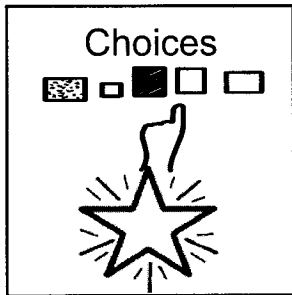


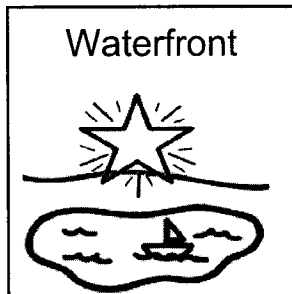
At Camp Hand in Hand, I will be with a group of 5 to 7 other campers. I will have counselors in my group who will do activities with me and keep me safe. The counselors will answer my questions and help me find things at camp. I will be at camp for 5 nights and 6 days.



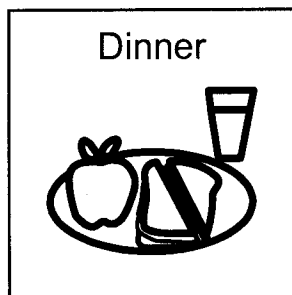
When I first arrive at camp, I will carry my things to my cabin. My counselor will help me find my camp bed and help me unpack my things. My counselor will help me find the bathroom and answer my questions. My counselor will show me my Schedule and what activities I can choose.



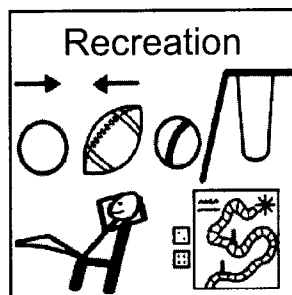
Next, my parents need to go talk to the Nurse, the Camp Store and the Co-Directors of Camp Hand in Hand. I will go with my counselor to make my camp name tag and choose which activities I want to do. When my parents are done talking at camp, they will find me to say good-bye. I will tell my parents good-bye and go with my counselor to my next activity.



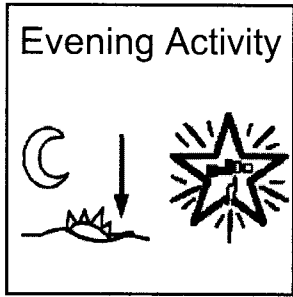
Around 2:30, I will usually have Waterfront activities. At Waterfront, I need to wear a lifejacket if I walk on the boat docks, or if I go for a boat ride, or if I go fishing. It is only safe to walk on the docks and ride the boats if I have my lifejacket on. My counselor will help me get my lifejacket.



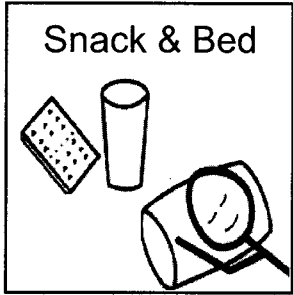
After Waterfront, my counselor and I will go back to my cabin and find my dry clothes to get ready for dinner. I will know it is time to go eat dinner when the tower bell rings around 5:30. I can wait to hear the bell in my cabin or outside. After the tower bell rings, I will walk into the dining hall and sit at a table with other campers and counselors. We will all sing a dinner song together and then I can eat. After I'm done eating, I can help clean up my table.



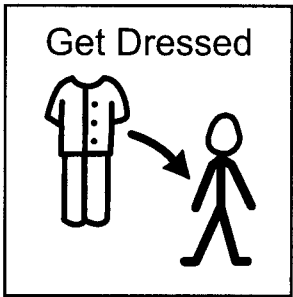
My counselor will show me what Recreation activities I can do after dinner. I can do activities with my friends and counselors at camp.



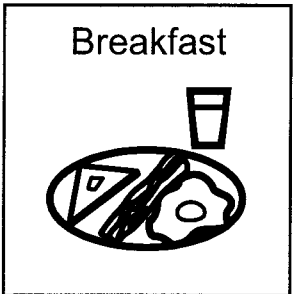
After dinner, my counselor will show me the Evening Activity Choices so I can choose what I want to do first. I can try everything on the Evening Activity Choices. Some activities I can do more than one time. My counselor will help me find where the activities are. There will be a Snack at the end of Evening Activities.



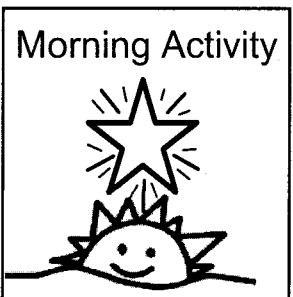
After Snack, I will go with my counselor to my cabin and find my things to get ready for bed. I will put on pajamas, go to the bathroom, wash up, brush my teeth, and put away my things. I can look at how many days of camp are left and get into bed. I will say good-night to my counselor. If I need something at night, I can ask any of the counselors who stay in my cabin at night for help.



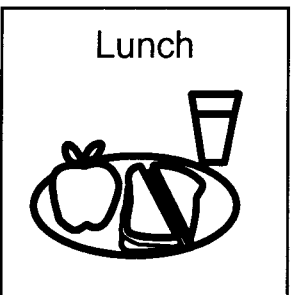
When I wake up in the morning, my counselor will help me get ready. I will go to the bathroom, brush my teeth, and get dressed for the day. My counselor will show me my Schedule. Sometimes I will have to wear special clothes for my activities. When I go horseback riding, I will wear long pants and shoes that will help me ride the horse. When I go in the canoe, I will wear a lifejacket. My counselor will help me know what I need for my activities.



Next, I will listen for the tower bell to ring. I can choose to wait for the bell in my cabin, or outside. When I hear the bell ring around 8:30, I will go with my counselor to breakfast. We will sit at a table with other campers and counselors. We will all sing the breakfast song together and then I can eat. After I'm done eating, I can help clean up the table.



My counselor and I will follow my Schedule during the day. My counselor will help me find my activities. If I need help, I can ask my counselor. I will follow my Schedule and try all of the Morning Activities with my Counselor.



After Morning Activities, my counselor and I will wait for the tower bell to ring for lunch. When I hear the bell ring around 12:30, we will go sit at a table with other campers and counselors. We will sing the lunch song and then I can eat. When I'm done eating, I can help clean up the table.

Relaxation



After lunch, I will have Relaxation time. I can choose quiet activities in my cabin to help me relax or rest. My counselors will help me find an activity I like. I can rest on my bed if I am tired. I can read. I can get something I brought with me from home to do. I can do a quiet activity with my friends at camp.

Canteen



After Relaxation, my counselor and I will check my Schedule. When I have Canteen, I will get to choose 1 drink and 1 thing to eat from the choices on the Canteen Board. I can hang out in the Canteen to eat, or I can eat outside.

Schedule



Everyday at camp I will have on my Schedule:

- Breakfast
- Morning Activities
- Lunch
- Relaxation
- Canteen
- Waterfront Activities
- Dinner
- Recreation
- Evening Activities
- Snack
- Bed Time

All Done Camp



On the last day of camp, my parents will come pick me up after Morning Activities. I can show them what I've done at camp. They will help me carry my things to take home. I will say good-bye to my counselors and friends at camp. My parents will take me home after a fun week at camp.

We look forward to having fun with you at camp!
Wendy & Tami