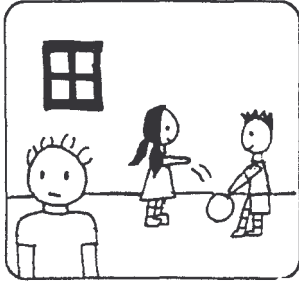


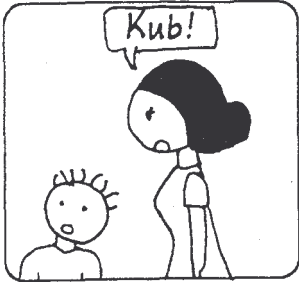
# Koj tus me nyuam puas coj li no?



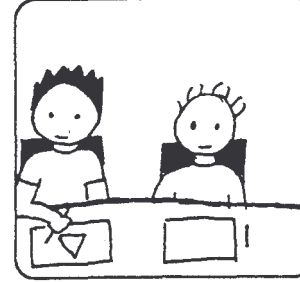
**Tsis kam nrog lwm tus ua si.** Nws nyiam ua si ib leeg xwb. Nws yuav tsis xav nrog lwm tus ua si li. Thaum nws ho nrog lwm tus ua si los, nws yuav tsis paub nrog lawv ua los yog yuav ua si li cas thiab. Nws yuav tsis kam los nrog lwm tus me nyuam ua si nyob hauv vaj hauv tsev los yog hauv tsev kawm ntawv li.



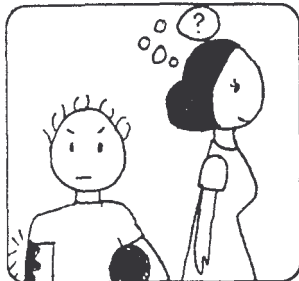
**Tsuas paub qog lawv qab xwb.** Thaum koj nug nws dab tsi, nws yuav tsis teb koj dab tsi, tab sis nws yuav qog koj cov lus ntawd rov rau koj xwb. Xws li, "Koj xav noj dab tsi?" Nws yuav teb koj tias "Koj xav noj dab tsi?" no xwb. Nws yuav qog mus qog los lo lus los yog cov lus ntawd. Nws yuav qog cov qub lus ntawd mus tas li, thiab yuav nug lo qub tas li, txawm koj twb teb nws lawm los xij. Xws li, "koj mus dab tsi?" Koj teb tias koj yuav mus ua hauj lwm no lawm los nws tseem pheej nug koj tias "koj mus dab tsi?" no thiab.



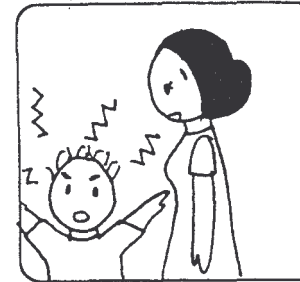
**Thaum nws hais lus rau lwm tus los, nws tsis ntsia tus ntawd li, thiab thaum lwm tus hu tuav nws npe los, nws tsis teb li.** Nws tsis kam ntsia cov laus, cov tij cov viv, thiab cov phooj ywg li. Thaum nws hais lus rau ib tug los, nws yuav xam lwm qhov. Nws yuav ntsia hauv av los yog ua qhov muag qaib ntsia xwb. Thaum lwm tus hu nws los, nws yuav tsis teb, thiab yuav ua zoo li tus lag ntseg lawm.



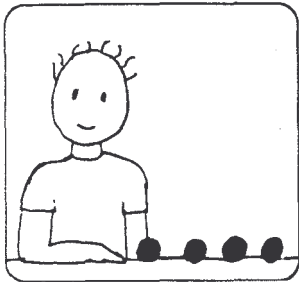
**Xyaum tsis tau qhov lwm tus ua.** Nws yuav sau tsis tau cov lus los sis kab lus rau hauv ntawv. Nws yuav qog tsis tau cov lus los yog hais tsis tau lawv qab, xws li "haus dej!" Nws yuav pom ib qho txawv dua li lwm tus pom.



**Txawm nws raug mob li cas los nws yeej tsis qhia rau koj paub.** Txawm yuav mob pob ntseg, txhuam roob hlaub, los yog to qhov twg los nws yuav tsis hnov mob, los yog nyiaj taus mob heev. Nws yuav tsis paub tias qhov cub thiab dej da kub npaum li cas, los sis daus txias li cas. Nws yuav cia li lam kov li los muaj.

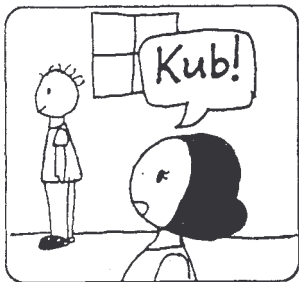


**Ib qho me me xwb los yeej chim lawm li thiab yuav ntxias tau nyuaj heev.** Nws yuav quaj yuav qw ua dog ua dig. Muaj ib qho me me xwb los nws yeej chim mus ntev ntev. Nws yog tus ntxias tau thiab ntsiag nyuaj tshaj cov me nyuam luaj li nws. Nws qhia tsis tau tias qhov teeb meem ntawd yog dab tsi. Nws tsis kam lwm tus puag, qhoob, ntxias nws los yog nws tsuas kam ib tug xws li leej niam los puag thiab ntxias nws xwb.



**Tsis txawj muab cov khoom ua si (toys) coj los ua si ntau yam.** Nws yuav tsis paub muab ib qho khoom ua si coj los ua si li li qhov khoom ntawd. Nws tsuas muab cov khoom ua si los yog lwm cov khoom coj los teeb ua tej kab sab, thiab yog muaj tus los txuam mas nws yuav npau taws hlo. Nws yuav tsis paub tias cov khoom ua si los yog cov nkias (games) no ua tau dab tsi. Nws yuav tsis txawj ua si li lwm tus me nyuam.

**Nyam kom muaj li qub, thiab tsis pub hloov dab tsi li.** Nws nyiam kom muaj tes dej num thiab ua raws caij nyoog sib xws txhua hnub, thiab nws yuav chim heev yog tseem muaj qhov hloov lawm thiab. Xws li txhua hnub mas nws noj sus thaum tav su kiag. Yog hnub twg nws tsis tau su noj lub caij ntawd mas, nws chim heev. Nws yuav txhawj tias tsam lwm tus tsis khaws txhua yam cia li qub lawm. Nws yuav nyiam yam puav zaub mov, hom puav ris tsho, tej phau ntawv los yog hom puav yeeb yaj kiab (video) xwb. Thaum nws muaj li qub ces nws thiaj zoo siab, tiam sis nws yuav chim heev thaum nws tsis paub tias nws yuav tau dab tsi.



**Thaum lwm tus hu nws lub npe los, nws ua txuj tsis hnov li.** Thaum koj hu tuav kiag nws lub npe los nws yeej ua li tus tsis hnov koj hais li. Nws tab tom ua dab tsi ces nws ua qhov ntawd lawm xwb.

# Nyiam kom muaj li qub, thiab tsis pub hloov dab tsi li.

Nws nyiam kom muaj tes dej num thiab ua raws caij nyoog sib xws txhua hnuv, thiab nws yuav chim heev yog tseem muaj qhov hloov lawm thiab. Xws li txhua hnuv mas nws noj sus thaum tav su kiag. Yog hnuv twg nws tsis tau su noj lub caij ntawd mas, nws chim heev. Nws yuav txhawj tias tsam lwm tus tsis khaws txhua yam cia li qub lawm. Nws yuav nyiam yam puav zaub mov, hom puav ris tsho, tej phau ntawv los yog hom puav yeeb yaj kiab (video) xwb. Thaum nws muaj li qub ces nws thiaj zoo siab, tiam sis nws yuav chim heev thaum nws tsis paub tias nws yuav tau dab tsi.

Yog koj tus me nyuam coj zoo li hais los no, tej zaum koj tus me nyuam yuav muaj qhov tsis taus hom hu ua Autism Spectrum Disorder, xws li Autism, Asperger's Syndrom, los PDD-NOS. Qhov tsis tau li hais no yog lub hlwb ua xwb. Muaj ntau qhov chaw yuav pab tau koj thiab koj tus me nyuam uas coj zoo li no.

Coj koj tej kev txhawj xeeb txog koj tus me nyuam mus nrog koj tsev neeg tus kws kho mob sib tham. Nws yuav pab tau koj!

Koj tseem hu tau rau Head Start los yog Koog tsev kawm ntawv fab kev qhia ntawv tshwj xeeb rau cov me nyuam tseem yau nyob hauv koj lub zos kom lawm muab kev pab rau koj tus me nyuam.

Yog koj xav tau kev pab ntxiv, thov hu rau:

Autism Society of Minnesota  
2380 Wycliff Street #102  
St. Paul MN 55102  
Tus xov too; yog 651-647-1083

Ntaub Xyooj  
Koom haum niam txiv thoob tswv yim txog cai kawm ntawv (PACER Center)  
8161 Normandale Boulevard  
Minneapolis, MN 55437  
Tus xov tooj yog 952-838-9000  
Tus xov tooj hu tau dawb hauv xeev yog 1-800-537-2237  
E-mail: [dxiong@pacer.org](mailto:dxiong@pacer.org) Web site: [www.pacer.org](http://www.pacer.org)



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