

We Believe that Parents are “Experts” in the Autism Spectrum Discovery Process

And that's what makes The Discovery Series so unique. These courses are presented by staff and parents who belong to **The Autism Society of Minnesota**. These small-group sessions allow participants to meet a variety of parents who share practical ideas and insights on parenting a child on the autism spectrum.

The goals of the course are to:

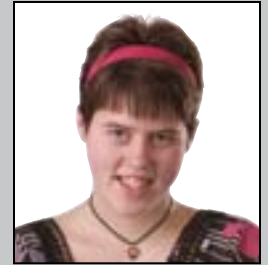
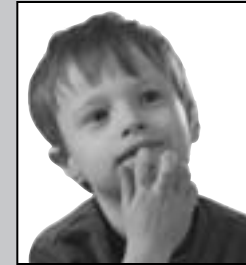
- Understand autism spectrum disorders - Asperger Syndrome, PDD-NOS and autism
- Learn about community resources
- Help parents learn effective strategies for home and school
- Provide support for parents on the joys and challenges unique to raising a child with ASD

All Discovery Series are available for school districts & organizations as single-day or four-part presentations.



ausm[®]
autism society of minnesota
2380 Wycliff Street
Suite 102
St. Paul, MN 55114
www.ausm.org

Puzzled About Autism Spectrum Disorder?



The Discovery Series

Courses Designed for Parents of Children and Adolescents who have Asperger Syndrome, Autism or PDD-NOS

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autism society of minnesota

2380 Wycliff Street, Suite 102
St. Paul, MN 55114
651-647-1083

www.ausm.org

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Twin Cities, MN
Permit No. 1062

The Discovery Series is designed specifically for parents of children who are recently diagnosed with an autism spectrum disorder. We offer a four-session course for families with autism or PDD (pervasive developmental disorder) and a one-session course for families with Asperger Syndrome. Each course deals with the joys and challenges unique to each diagnosis.

Time and Place

The Discovery Series will be offered on the following dates in 2012. Register well in advance, for class size is limited. **Classes will be held at the AuSM office.** Confirmation will be sent.

**Beginnings in 2012:
6:30 to 9:30 pm**

February 7, 14, 21, 28
May 1, 8, 15, 22
Oct 16, 23, 30 & Nov 6

**Asperger in 2012:
8:30 am to 4:00 pm**

January 21
June 2
November 10



Each family takes home a binder on these topics for future reference.

Topics

- Definition of Autism/PDD or Asperger Syndrome
- Feelings experienced by parents
- Neurological findings
- Therapies - ABA, RDI, Floor-time
- Strategies for developing functional communication
- Teaching daily living skills, like dressing and toileting (if applicable)
- Understanding your child's difficulties with socialization
- Addressing challenging behavior
- Understanding sensory needs
- Using visual supports
- Ideas to improve family life
- Using social stories
- Services and resources to help your family



Cost

\$50 (member rate)/ \$75 for non-members. This fee is for two family members. Single parents are encouraged to bring a friend or grandparent. Special reduced rates are available for parents who are unable to pay the entire fee. Call AuSM at 651.647.1083 for information.

Become a member at www.ausm.org. Send registration form plus payment to:



2380 Wycliff St, Ste. 102
St. Paul, MN 55114
F: 651.642.1230
info@ausm.org

Registration Form

Indicate the series appropriate for your family:

- Beginnings (for young children)
- Asperger Syndrome (for children of all ages)

Dates attending: _____

Name: _____

2nd Attendee: _____ Member# _____

Address: _____

City: _____ State: ____ Zip: _____

Phone: _____

E-mail: _____

Child's name: _____ Age: _____

Check enclosed Check# _____

Credit Card# _____
we accept VISA, MC & Discover

Exp. Date _____ Signature _____