

## AuSM helps you support the needs of individuals with autism.

The Autism Society of Minnesota (AuSM) education team provides you with strategies to help you understand the needs of individuals with autism, allowing you to offer a positive, supportive environment that promotes acceptance and growth.

### AuSM Training Topics

#### Emergency Preparedness for First Responders

Learn about the characteristics of autism as manifested in children, teenagers, and adults; how to interpret the behavior of those on the spectrum; anticipated behavior of those with autism in emergency situations; suggested strategies for communication and behavior management of those with autism in possible emergency response situations.

**Who should participate:** Police officers, firefighters, EMTs, paramedics, security workers, ER and trauma workers, crisis team members, social workers, correctional officers, school safety officers.

\*Sessions for family emergency preparedness also are available.

#### Employer Training

Obtain tools to harness the untapped talent of individuals eager to work for you by learning about autism characteristics and the accommodations that support individuals with autism.

**Who should participate:** Human resources, management staff, project or staff coordinators, vocational rehab providers, supported employment coaches, employees.

#### Autism Awareness Training and Support

Many organizations have an interest in improving their understanding of autism, whether to improve customer service, offer accommodations in programs, or to expand their business to a more diverse clientele. This class can be tailored to address autism support in a specific setting. Whether it is a community or tourist venue, agency, or service provider, AuSM can offer strategies for support and response.

**Who should participate:** Family attraction staff, such as theaters, museums, businesses, or community agency staff. Security, program staff, volunteers, guides, customer service staff.

#### Autism Direct Support Certification

Designed for professionals who work with individuals with autism or who want to better provide service to those with autism spectrum disorder, this in-depth, 15 hour course will give practical solutions for working with people on the spectrum.

**Who should participate:** Direct support providers, PCAs, job coaches, educational aides, group home staff, day-training and habilitation professionals.

#### Medical Provider Training

Doctors, nurses and hospital staff often are responsible for the support of patients with autism who have chronic or acute co-occurring disability, illness or injury. Gain practical strategies for improved communication, behavior, and general support of those with autism in clinical settings, inpatient or outpatient.

**Who should participate:** Doctors, nurses, dentists, hospital support staff, care coordinators, volunteers.



### Life with Autism Series

Life with Autism is a series relaying the expected issues faced by those with autism throughout their lives. The course is divided into four separate life phase classes. Classes can be offered in series or as individual sessions.

#### Life with Autism: Autism 101

What is Autism? Learn the common characteristics and challenges associated with autism in order to build a foundation for interpreting communication and behavior for those on the autism spectrum.

**Who should participate:** This course is a great introduction for those wanting to learn more about autism.

#### Life with Autism: Early Diagnosis/Intervention

Learn strategies for supporting young children with autism. Understand who to connect with, the services available, special education, and resources for families.

**Who should participate:** Parents or caregivers of young children or children with new diagnosis.

#### Life with Autism: Adolescence

Teens with autism face new challenges as they grow physically and emotionally into young adults. Special topics include strategies for addressing mental health, social learning, puberty, hygiene and sexuality, Internet safety, and transition planning.

**Who should participate:** Parents or caregiver of preteens or teens with autism.

#### Life with Autism: Adulthood

Obtain information on topics such as impact of autism on adults, independence in daily living skills, social skills in the workplace, reciprocal relationships, sexuality, privacy and safety, transitions into adult living, workplace issues, self determination skills, behavior management, and emotions.

**Who should participate:** Parents or caregivers of teens or adults with autism.

For more information about AuSM's autism training programs, contact AuSM's Education Department at [education@ausm.org](mailto:education@ausm.org) or call 651.647.1083.