



## Why AuSM?

We help families overcome challenges, improve daily functioning and achieve a more balanced lifestyle.

- Our staff is extremely knowledgeable about ASD and stays current with research.
- We offer services for all ages from children to adults.
- We understand and treat the whole spectrum of ASD.
- We focus on the entire support system including parents, siblings, extended family, staff and caregivers.
- We share a personal understanding of autism.

2380 Wycliff Street, Suite 102

St. Paul, MN 55114

651.647.1083

[www.ausm.org](http://www.ausm.org)

[info@ausm.org](mailto:info@ausm.org)

## Autism Society of Minnesota

The Autism Society of Minnesota is an organization of families, educators, care givers and professionals committed to supporting individuals with autism spectrum disorders (ASD). It was established in 1971 as the collective voice of the autism community in Minnesota. AuSM has members throughout the state and upper Midwest.

be informed  be prepared  be involved

AuSM offers a wealth of Education and Support Services:

- Information and Referrals
- Lending Library
- Support Groups
- Social Skills Programs
- Educational Classes
- Annual State Conference

For more information or to schedule an appointment or sign up for one of our offerings, please call us at **651.647.1083** or visit us at **[www.ausm.org](http://www.ausm.org)**.

## Specialized Autism Mental Health Services



Diagnostic and Functional Assessment, Individual, Family, Couple and Group Therapy.

**ausm**<sup>®</sup>  
autism society of minnesota

## Mental Health Services

Autism presents challenges; finding the right therapist should not be one of them. AuSM offers an individualized approach to meet the ongoing needs of every family, client and organization. Our therapists understand and treat the entire Autism Spectrum. AuSM can help you identify the best therapist to meet your specific needs, whether it be:

- Individual, family or group therapy,
- Diagnostic, functional or behavioral assessments for children, adolescents or adults,
- Couples or marriage counseling,
- Play therapy,
- In-home consultation,
- Training for organizations and service providers.

## Appointments

AuSM accepts health insurance, Medical Assistance and out of pocket payment including cash or credit cards. Contact our Mental Health Services Manager, Jane Hubbard at **651.647.1083 x 10** or [jhubbard@ausm.org](mailto:jhubbard@ausm.org) for more information or to make an appointment.

## MEET OUR MENTAL HEALTH STAFF



**Dr. Barbra Luskin, PhD, LP**, a Licensed Psychologist, has worked closely with children and adults with ASD for more than 30 years, in professional and home

settings. **She specializes in providing both assessment and counseling to individuals with autism and those that support them.**

Services include diagnostic and functional assessments, individual therapy for adults and adolescents, training and consultation for caregivers of individuals with autism. Her goals are to help her clients understand ASD, teach them creative and effective interventions, help them evaluate their progress and provide guidance when adjustments are needed.



**Meghan Williams, MA, LAMFT**, is a Licensed Associate Marriage and Family Therapist who has worked in the ASD community for over 10 years. Her ser-

vices include individual, couple, family and group therapy, as well as diagnostic assessments. **Meghan specializes in working with adolescents, adults, couples, and families living with ASD.** Additionally, Meghan teaches social skills groups, facilitates support groups and is a presenter. She uses a holistic strength-based approach, offering hope, understanding, growth, and encouragement.



**Tamara Phillips, MA**, has over 20 years of experience in counseling, behavior analysis, early childhood and special education. **She specializes in working**

**with children living with ASD and understands the unique challenges and needs of parents, siblings and caregivers.** She works with individuals, couples, families and groups. Her services include play therapy, social skills training, family and marriage counseling, advocacy and diagnostic assessments. She uses an integrated approach offering knowledge, compassion, direction and hope.

*“It has been such a relief to find someone who finally understands me.”*

-AuSM Mental Health Client